

SENIOR *Power Walking*

In conjunction with AngelaCARES, Inc.

PROGRAM LOCATION

VARIOUS INDOOR LOCATIONS THROUGHOUT JERSEY CITY

PROGRAM

Every Thursday!

BEGINNING: MARCH 6, 2014

9:00AM, PICK UP / 10:00AM - 11:00AM, WALK

ONGOING REGISTRATION

REGISTER AT YOUR LOCAL SENIOR FACILITY
OR CALL 201-547-5003

Walk... Run... Stroll...

THROUGH VARIOUS SCENIC LOCATIONS OF BEAUTIFUL
JERSEY CITY. TRANSPORTATION AVAILABLE FROM
SEVERAL SENIOR SITES.



PRESENTED BY: **MAYOR STEVEN M. FULOP**, THE JERSEY CITY MUNICIPAL COUNCIL
AND THE DEPARTMENT OF RECREATION



For more information, call 201 547 5003
or visit jerseycitynj.gov.

City of Jersey City Official Government Page
 JC_GOV





**MAYOR STEVEN M. FULOP
THE JERSEY CITY MUNICIPAL COUNCIL
AND
THE DEPARTMENT OF RECREATION**



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PARTICIPATION FORM

Each section and this entire form must be read, completed and signed before the participant is allowed to take part in any recreational programs.

Name: _____

Address: _____

City, State, Zip: _____

Date of Birth: _____ Email Address: _____

Home Phone #: _____ Cell Phone #: _____

Person to Notify in Case of Emergency: _____ Phone #: _____

As determined by my physician, I am in good physical condition and I am not aware of any present or previous disease or injury that would result in my being impaired during my participation with the Jersey City Recreation Senior Power Walk Program. I empower the staff to exercise reasonable care in the event of an emergency. I hereby agree to abide by the rules and regulations set forth by the Department of Recreation.

Signature: _____ Date: _____